The best machine in its class, with 3 vibration modes in 1 machine, 60 vibration positions, heavy duty all steel commercial grade frame construction, fully programmable training routine, preset programs, ultra quite 2HP dual brushless DC motors.

Unlike Piston vibration, which has been shown to cause many problems, this machine's vibrations are multidimensional. Independent research has shown that triangular oscillating motions are the safest and most effective type of vibrations.

The **3D-MOTION Whole Body Vibration Exercise Machine** is a scientifically designed machine that produces vibrations from the feet up distributing vibration energy to the entire body. These vibrations results in rapid and intense muscles contractions, approximately 30-50 times per second. The way in which body responds to these vibrations is truly amazing! Scientific research has shown that the human body is unparalleled in its ability to adapt to various external stressors and stimuli, and the resulting benefits derived from vibration exercise are from that adaptation process.

This **3D-MOTION Whole Body Vibration Exercise Machine** combines 3 types of mechanical movements in 1 machine. In Triangular Oscillation Mode, the machine not only provides proper up/down oscillation movement that makes all the major muscle groups work without efforts, it also helps to eliminate unwanted body fat. In Spiral Mode, the machine provides smooth elliptical motion in the horizontal plane, which is recommended for recovery and people who cannot do intense workouts. In Dual Mode, the machine works transversely, generating motion in 3D spatial planes and provides maximum results for your workout. Because of the tri-axial movements in the 3D space, this mode is more effective in reducing cellulite then just using Triangular Oscillation Mode alone.

This one machine allows the user to **train and develop muscle strength, toning, cellulite reduction, increase growth hormone, and reduce stress and achieve results in less time** . With the dual control, you can adjust the vibration speed and the spiral speed using center console, or via the quick access buttons on the handle grip.



Design Speed Capacity Quality

Buy Now

Key Benefits

- Just 10 minutes per day to achieve results
- Relax and invigorate the whole body, improves circulation and increases blood oxygenation
- Decreased diastolic blood pressure
- Decreases level of Cortisol (hormone released when we're under stress)
- Increases muscle strength, flexibility, and range of motion
- Effortlessly burns fat, tones abdominal muscles, trims waist
- No sweat, step up and go system, fit for all adults (as with any exercise, consult your physician before starting)
- Regular use helps in the process of digestion and bowl movement, effective for people with constipation problems
- Reduce muscle fatigue and lactic acid build-up
- Reduces back pain and stiffness
- Reducing the effects of stress and treatment of stress incontinence
- Tones flabby thighs for more shapely legs, reduces the appearance of cellulite
- Relieves aching calves, tones and shapes of calf muscles and reduces the appearance of varicose veins
- Gentle on Joints, Low Impact Training
- Improves Stability, enhances Rehabilitation
- Boosts Metabolism, burns more calories
- Increase in Bone Density
- Huge platform base for whole body support

Product Features



- Latest in WBV technology, 2 built-in motors, combining 3 functional modes in 1 machine
- Steel machine base and steel vertical support tube, commercial grade material
- Heavy duty motor construction ensures rock solid and ultra quiet operations
- TRIANGULAR OSCILLATION MODE provides proper up/down oscillation movement
- SPIRAL MODE provides smooth elliptical motion in the horizontal plane
- DUAL MODE works transversely, generating motion in 3D spatial planes
- Most effective machine, maximum results in minimum time
- Fully programmable training routine via computer using the USB interface + built-in preset programs
- Large vibration plate to support a wide range of exercise postures and movements
- Control panel with quick access keys on handle bar for quick and easy access
- Wide range of vibration speed, 60 adjustable speeds
- Comparable vibration machines sell for between $4000 and $14,000!
- 2 year warranty from delivery date, most sellers only offers 1 year warranty.

Product Specs

- Maximum power: 2.0 HP
- 3 vibration modes: Triangular Oscillation, Spiral, Dual
- Power consumption: 2 motors, 500W + 300W

- Frequency: 60 Hz
- Speed range: Oscillation @ 60 levels, Spiral @ 60 levels, Dual @ 60 levels
- Vibration Amplitude: Triangular Oscillation @ 10mm, Spiral @ 1 to 2mm, Dual @ 1 to 10mm
- Preset programs + 6 user programmable routines via USB interface
- Large Vibration Plate: 20” (51cm) x 27” (68cm)
- User weight capability: 440 lbs (200 kg)
- Assembly dimensions (L x W x H): 23” (58 cm) x 27”(68 cm) x 53” (134 cm)
- 110V power input for USA and Canada power outlet
- Weight: 126 lbs (58 kg)