

Dr. David S. Dyer N.M.D., Ph.D, former Therapy Director at the world famous Hippocrates Health Institute in West Palm Beach Florida, cancer coach, author of book "CELLFOOD Vital Cellular Nutrition for the New Millennium".

"What most people don't know is that if your (tissue) pH drops below 5.8 you cannot absorb vitamins A, B, E, F and K. Nor can you absorb valuable minerals like sulphur, potassium, calcium, vanadium, chromium, iron or zinc, no matter how much of these minerals you take. The majority of people we check have a urine pH below 5.8 and don't realize that they are wasting their money on supplements. Restructured alkaline water is the fastest and most efficient way to alkalize your body."

"Even with good health, I don't want to challenge my immune system every time I go to the tap for a drink of water. A recent research project using specially bred mice that have a weakened immune system had some astonishing results. One group of mice was given plain tap water resulting in an average life span of 235 days. A second group given restructured alkaline water had an average life span of 346 days. The restructured alkaline water significantly increased the second group's life span and strengthened their immune system."

"All water does not help hydrate the body efficiently. Take distilled water for example. This water is dead and devoid of all minerals. It is very acidic and will tend to dehydrate you. All distilled water I have checked is about a 4.5 pH, that means this water is 1000 times more acidic than your blood, which is a 7.35 pH. Distilled water must be neutralized and where do you think your body gets the calcium to accomplish this? I'll leave that deduction up to you. Reverse Osmosis water has many of the same problems. R/O water averages around a 5 pH, 100 times more acidic than your blood."

"The pH level of our internal fluids affects every cell in our bodies. Extended acid imbalances of any kind are not well tolerated.... indeed, the entire metabolic process depends on a balanced internal alkaline environment. The most powerful program to reduce or eliminate these effects is to remove acid from the blood and tissues with an alkaline lifestyle and wise dietary and water consumption choices. If someone were to ask me, 'What is the one thing I can do to have better health?' The answer would be very simple, start drinking alkalized and ionized water!"