



*Edgar Cayce, American prophet.*

"... a normal diet is about twenty percent acid to eighty percent alkaline producing."  
*Reading 1710-4.*

"[Take] Glyco-Thymoline [mixture] for alkalizing the body - a few drops."  
*Reading 294-97.*

- *Image used by permission – Edgar Cayce Foundation – Virginia Beach VA.*
- *Edgar Cayce Readings © 1971, 1993-2007 by the Edgar Cayce Foundation. All Rights Reserved.*