

*Prof. Kogure Keizou, Kogure Clinic of Juntendo Hospital, Japan*

"The stomach is readily upset both by diseases affecting the stomach and by other general illnesses. In addition, any nervous tension or anxiety frequently causes gastric upset, vague symptoms when they are under some strain. The important role of ionized water in our stomach is to neutralize the secretion and strengthen its functions. Usually, after consuming the ionized water for 1 to 3 minutes, the gastric juice increases to 1 1/2 times. For those suffering from hyperchlorhydria or achlorhydria (low in gastric juice) the presence of ionized water will stimulate the stomach cells to secrete more gastric juice. This in turn enhances digestion and absorption of minerals. However, on the other hand, those with hyperchlorhydria (high in gastric juice), the ionized water neutralizes the excessive gastric juice. Hence, it does not create any adverse reaction.

According to the medical lecturer from Maeba University, the pH of the gastric secretion will still remain normal when ionized water is consumed. This proves that the ability of the ionized water is able to neutralize as well as to stimulate the secretion."