



*Dr. Ben Johnson is known for being featured on the best selling DVD "The Secret". He is a doctor of Osteopathy and Naturopathic Medicine.*

"Alkaline antioxidant water is probably the most profound discovery of our time... Alkaline antioxidant water changes everything physiologically. It allows the enzyme systems to work the way they should. The alkalinity allows more oxygen to get to the tissues. More importantly, it provides ready antioxidants to keep our bodies from rotting and rusting through the process of oxidation."

As an alternative medical doctor and especially treating cancer, the most important physical issue was pH. In 1931, Otto Warberg received the Nobel Prize in Medicine for discovering that a low oxygen environment in the tissues was the cause of cancer. The cause for low oxygen level in the tissue is acid pH.

I have worked for years trying to develop herbs and nutrition supplements to help overcome cancer. Our biggest problem was getting the body's pH to an alkaline level. We would try every method under the sun, but it was hard to shift their pH. We know that if we were able to shift their pH by providing oxygen to the cancer cells, it would have a good chance of healing them. Many people do not realize that cancer cells can be converted back to their original functions.

When I learned about alkaline water, I became very excited. We are now able to inundate a person's body on a very basic level. since a body is made up of almost 70% water, changing the alkalinity of that water would be a huge accomplishment. Once the body's water pH is changed, it affects the blood's pH. With blood being more alkaline, the oxygen can be transported better by the blood cells to the tissues of the body.

When I learned that the alkaline water also had a tremendous oxidation reduction potential (ORP) I became even more excited. Why? Oxidation is the process of rotting in the body and is the cause on the physiological level of aging, cell obsolescence, and eventually death. Within our own body, we produce oxidizers all the time. We also put things into our bodies, including heavy metals, pesticides, chemicals, and drugs, that come through our food and water. Even sunlight causes oxidation. All of these things create oxidation in our body and free radical

damage.

We need antioxidants to overcome free radical damage in our skin, liver, brain, tissues, and basically everywhere in our body.

The alkaline antioxidant water solves two of the major problems that cause aging and disease: low pH and free radicals. It helps you get healthy and stay healthy by the alkalization of the blood and the antioxidant potential or the ORP.

Alkaline antioxidant water is probably the most profound discovery of our time. Solutions are usually exquisitely simple. We are looking for them in all the wrong places when choosing medicine from drug companies.

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Who should be drinking alkaline antioxidant water? The answer is simply everyone from children to octogenarians.