



By drinking Alkaline Water you can begin to detoxify your body, removing the excess proteins and acid waste.

According to Sang Whang, author of book "Reverse Aging" : arthritis and gout are caused by uric acid deposited between the joints, non-dissolved due to the low alkalinity of an older person's blood. Drinking acid free alkaline water will gradually elevate one's blood pH and the gout will disappear naturally.